

# HOME

# Sweet HOME PROGRAMS

*Keeping home possible for all abilities*



Assisted  
Living



Skilled  
Nursing



Memory  
Care

*Relocation is one option —  
but not the only one*

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# Thinking About a Change in Your Living Situation?



Whether you're working with a senior living advisor or navigating decisions on your own, we provide private in-home functional assessments that evaluate balance, memory, and home safety to clarify the level of care a person truly needs.

Many families reach a point where they're unsure if remaining at home is still the safest option. Others are exploring independent living, assisted living, or memory care but want professional guidance before committing to a major transition.

Our role is to provide an objective clinical baseline that supports these decisions. We translate real-world function into clear recommendations so families can move forward with confidence. This prevents inappropriate placements, reduces hesitation, and ensures choices are grounded in functional ability — not fear, pressure, or guesswork.

You remain in control of the process. We provide the expert insight that helps you choose the safest and most appropriate next step.



**Michelle Eliason, MS, OTR/L**

*Occupational Therapist |  
Memory, Movement &  
Functional Aging Specialist*

**Adrianna Brown, MS, OTR/L**

*Occupational Therapist |  
Memory, Movement &  
Functional Aging Specialist*





## Why receive an in-home balance, memory, and environment assessment from an occupational therapist?



**Gain peace of mind by identifying early warning signs related to balance, memory, and safety before they become crises.**



**Receive clear information to help guide decisions about living arrangements – whether remaining at home, moving to independent living, assisted living, or memory care.**



**Establish a relationship with an expert in movement and memory who can track changes over time and provide professional documentation when needed.**



**Stop second-guessing yourself. You'll have expert guidance instead of carrying these decisions alone.**







## WHAT IS AN APPOINTMENT LIKE?

Your visit is calm, supportive, and conversation-based.

**Michelle and Adrianna** bring over 15 years of combined experience in memory, movement, and functional aging, and more than 20 years in the aging and insurance industry. Their priority is helping everyone involved feel safe, heard, and supported.

During the visit, they complete a comprehensive review of function and safety, answer your questions, and provide straightforward recommendations grounded in real-world clinical experience.

They have worked across hospitals, skilled nursing facilities, memory care units, and outpatient settings helping individuals remain in the place of their choosing for as long as safely possible.

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*The goal is simple: to give you clarity, direction, and confidence as you make decisions about the future.*

# What is the Process?



## Packages Snapshot

	Whole Person Home Review Package	No-Stress Peace of Mind Home Package
	\$495	\$795
<b>Best suited for</b>	<ul style="list-style-type: none"> <li>• Want expert eyes on a situation</li> <li>• Need a supported professional conversation</li> <li>• Want guidance without committing to long-term care</li> </ul>	<ul style="list-style-type: none"> <li>• Multiple concerns needing full evaluation</li> <li>• Unsure if living alone is safe</li> <li>• Noticing confusion during busy tasks</li> <li>• New diagnosis</li> <li>• Want education &amp; planning time</li> </ul>
<b>Dedicated time in-home visit</b>	90-minute	<ul style="list-style-type: none"> <li>• Up to 3-hours</li> <li>• 1-hour follow-up</li> </ul>
<b>Optional 60-minute follow-up</b>	\$115	Included
<b>Assessments</b>	<ul style="list-style-type: none"> <li>• Guided home review</li> <li>• Balance, strength &amp; fine motor screening</li> <li>• Targeted memory screening</li> </ul>	<ul style="list-style-type: none"> <li>• Full home inventory</li> <li>• Balance, dual-tasking &amp; fine motor evaluation</li> <li>• 3–5 memory assessments</li> </ul>
<b>Reports &amp; documentation</b>	<ul style="list-style-type: none"> <li>• Home recommendations report</li> <li>• Functional summary</li> <li>• Secure electronic delivery</li> <li>• Optional physician fax</li> </ul>	<ul style="list-style-type: none"> <li>• Home recommendations report</li> <li>• Functional summary</li> <li>• Electronic + printed copies</li> <li>• Optional physician fax</li> </ul>
<b>Included tools</b>	Neurocognitive Workbook	Neurocognitive Workbook Fine motor activity kit

# Whole Person Home Review - \$495

## BEST SUITED FOR YOU IF:

- You want expert eyes on a situation from professionals who specialize in aging, memory, and functional safety
- You want space to talk through concerns and have a supported, professional conversation about what you're noticing
- You want clear next-step guidance without committing to a long care plan

## DEDICATED TIME

90 Minutes

## OPTIONAL FOLLOW-UP ADD-ON \$115

60-minute teleconference to review findings, answer questions, and discuss next steps

### ASSESSMENTS:

- Guided home environment review completed with you
- Balance, strength, and fine motor screening
- Targeted memory screening sensitive to early changes

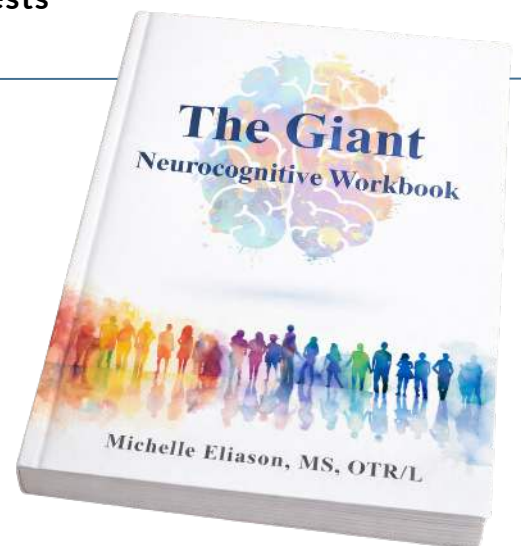
### ADMINISTRATION & REPORTS

You receive:

- Home environment recommendations report
- Functional summary written by a Buffalo Occupational Therapist
- Electronic copies delivered securely within 5 business days
- Optional fax delivery to your physician upon requests

## INCLUDED TOOLS:

- Neurocognitive Workbook (\$60 value)



# No-Stress, Peace of Mind Home Package - \$795

## BEST SUITED FOR YOU IF:

- You have multiple concerns and want a comprehensive evaluation
- You are unsure whether your loved one can safely live alone
- You notice confusion when tasks become busy or complex
- A dementia or neurological diagnosis has recently been given
- You want time for education, discussion, and planning

## DEDICATED TIME

- Up to 3-hour uninterrupted in-home visit
- 1-hour follow-up consultation by phone or video (for family discussion and questions)

## OPTIONAL FOLLOW-UP INCLUDED

60-minute teleconference to review findings, answer questions, and discuss next steps

### ASSESSMENTS:

- Full guided home environment inventory
- Balance, dual-tasking, strength, and fine motor evaluation
- 3-5 memory assessments to establish baseline function

### ADMINISTRATION & REPORTS

You receive:

- Home environment recommendations report
- Functional summary written by a Buffalo Occupational Therapist
- Electronic and optional printed copies within 5 business days
- Optional fax delivery to your physician upon requests

## INCLUDED TOOLS:

- Neurocognitive Workbook (\$60 value)
- Fine Motor Activity Kit (\$27 value)

